

Sleaford Wheelers CC

THE NUMBER ONE CLUB IN LINCOLNSHIRE

Newsletter

November 2009

Editor

Dave Smith, 14 Main Street, Wilsford, Grantham NG32 3NP. Tel. 01400 230512
e-mail. davidandkathsmith@btinternet.com

Intro...

Don't forget to send photos, and other items for the website to Chris Close. Chris can only deal with electronic copy so e-mail with or without attachments is what you need to send.

The good news is that Grace Hayler is improving well after her recent knee operation and is now pedalling again, the bad news is that Wayne Randle who won the Nev Crane 25 in record time earlier this year has been hit by a car and now has to recover from two broken hips, amongst other things.

Well, over for yet another year and now into the AGM and social season, unless you ride Cyclo Cross of course. And speaking of Cyclo Cross...

What's been happening?

... congratulations to George Thompson who won his event at the Sproxton Cyclo Cross. We're obviously expecting great(er) things from George next year, not that there's any pressure...

No much else to report other than spinning is up and running again at Harpers. If you want to go along, you need to speak to Russell on 01529 415758 who will be able to tell you whether there's a spinner slot available or whether you can take your turbo along instead.

What's coming up?

The **AGM** will be on Sunday 15 November, 7pm at the Solo Club, the **Sign On** night will be on Monday 7 December, same venue 6.30 for 7pm, the **Christmas 10** is on 13 December and the **Dinner** will be on Saturday 16 January, also at the Solo Club.

Try and make sure you get to the **AGM** where the committee hope to reveal who our sponsors will be next year and the proposals for next season's new kit. You also need to elect your officials for next year and consider any proposals for changes in the way we do things. If there is anything you want the AGM to consider you need to tell Jackie Marriott *immediately*.

Signing on is an opportunity to re-join for 2010 (or join, for that matter), to order your new kit and handbooks and to do a bit of socialising. We'll also be collecting cash for the Christmas 10 buffet, so bring your money along.

The **Christmas 10** starts at 10.00am and is a 2-up with a strong recommendation for fancy dress (pretty much compulsory, actually). As last year there will be a bit of a do afterwards at the Plough Inn, Wilsford. We've reserved the conservatory this year so it won't be as cramped as 2008, where we overwhelmed the bar. Cost will be £6 (same as last year) with an option for pudding at our place. **Payment in advance** (either at sign on or otherwise please) so we don't have to spend our time hassling people at the pub.

Details have still to be finalised for the **Dinner** so cost etc. will be confirmed later. Again we will want to get payment in advance so there is less hassle on the night.

Sales and wants

Winter Training Fuel and Amino Load

I hold a small stock of Allsports products on behalf of the club – Winter Training Fuel (Strawberry or Butterscotch flavour) and Amino Load recovery drink (Blackcurrant or Apple). 3kg tubs cost £23 for WTF and £27 for Amino Load which is a 20% saving on the retail cost – let me know if you want either item. Cheques payable to Sleaford Wheelers please.

Rudy Project

As some people are already aware, Rudy Project stuff (eg cycling glasses, aero helmets in club colours etc.) is available to club members at a substantial discount from Martin Smith Opticians in Lincoln. If you want anything, let me know or ring him direct on 01522 521100, mentioning you are a member of Sleaford Wheelers. He'll also give you good prices on high quality frames and lenses for general use.

Other items

From Dennis Owen:

For sale - Hed Carbonlite Wheels (Shimano 8/9/10) with New Conti Competition tubs. Cost £250.

From Neil Sentance:

I have been doing racing bike servicing and selling top brand racing bike parts and accessories. I am a qualified cycle mechanic and through our contacts in the cycle trade can offer top brand racing bike parts and accessories (Shimano, Campag, Vittoria, Michelin, Campag 11 Speed, Mavic and much more) to Sleaford Wheelers club members at special discount rates. Contact at pedalpushers@hotmail.co.uk or phone 07824 314 537

From Doug Laidlow: (on behalf of a friend in Wigmore CC - Richard Clark)

If there is anybody in your area interested in a holiday in southern France and are not afraid of long climbs, please direct them to www.chezbilly.fr for details - we already give reduced rates to VTTA Kent and Wigmore members - I'm sure we could do the same for Lincs. guys too.

From Andy Howett:

FREE BIKE STUFF and some other bits

Silver drop handlebar, old steel one, bit of surface rust but otherwise fine. Std diameter

Black flat handlebar, also an old steel one, bit of surface rust but otherwise fine. Std diameter

Pair red Tektro V-brake calipers, tatty but functional

35x700 touring bike tyre (or slick for cross bike) Used but plenty of life left. Only one though.

Alex XCR-Pro Scandium rim, 296grams 32hole 26" Black. Very nice rim, really light. Unfortunately some stress-cracks around some of the holes, it has no eyelets, so I'm a bit nervous of racing it again. Felt OK last time I used it though. This would be perfect for anyone trying to build the world's lightest turbo-trainer bike.

256MB RAM chip for Advent 7086 laptop. Works perfectly, but I've put 1GB into mine. May fit other Advent machines

Rear seats for Mondeo, 1993-2001 models. Very good condition as they have been in my garage for last two and half years as I never used them. This is why I forgot to send them to the scrap yard with the rest of the car.

All bits free to collect from Humby. Can bring small bits to Spinning on Thursdays, but will need to wait for new car to arrive before I can bring tyre/rim/car-seats, bit tricky to carry on my bike.

Andy H 07811 737273

Outro....

Next issue will be out in December so copy needed for this by the end of the month please.

Virtually everyone is on e-mail so I am distributing the Newsletter mostly by that means. If you know of someone who would be interested in the Newsletter, could you either obtain their e-mail address for me or, if they aren't on e-mail, perhaps you would be kind enough to print a copy for them. If you change your e-mail address, don't forget to tell me as well as Jackie Marriott.

Please do not forget to:

- send items for the website to Chris Close;
- send features for the newsletter to me;
- get yourself down to the AGM, Signing on and Christmas 10 along with your wallet/purse!