

To promote, encourage and support cycling; both recreational and competitive in Sleaford and the surrounding area.



SLEAFORD WHEELERS GO-RIDE



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SUMMER HOLIDAY ACTIVITIES 2018

To help us plan the best summer holiday programme for our Go-Ride youngsters would all parents please indicate below whether children will available on Tuesday evenings for our regular coaching sessions:

Date	Yes/No	If 'yes', state number/names of children
Tuesday 31 July		
Tuesday 7 August		
Tuesday 14 August		
Tuesday 21 August		
Tuesday 28 August		
Tuesday 4 September		

We are considering running five half-day sessions (between 9am and 1pm) for the whole of the week beginning Monday 23rd July (the first week of the school holiday period). There would be about 90 minutes of mountain bike coaching and after a short break a similar-length session using grass track skills before lunch, with parents collecting their child around 1pm. Final details are still to be sorted, the anticipated cost would be £5 per session.

Date	Children interested
Monday 23 July	
Tuesday 24 July	
Wednesday 25 July	
Thursday 26 July	
Friday 27 July	

We appreciate the information given may change, but your responses will give us an indication of the viability of running sessions over this period. If you have any additional ideas for summer activities, please let one of the coaches know.

Signed



www.britishcycling.org.uk/go-ride

